

# 2017 RETREATS

## AT EMMAUS HOUSE EDINBURGH

*All retreats begin from 4pm on Monday and end after breakfast on Saturday.*

**Cost:** residential - £450 (full-board); £350 sharing (full board)

For bookings or enquiries: **e-mail:** [info@emmaushouse-edinburgh.co.uk](mailto:info@emmaushouse-edinburgh.co.uk)

or **telephone:** 0131 228 1066

**Website:** [www.emmaushouse-edinburgh.co.uk](http://www.emmaushouse-edinburgh.co.uk)

### APRIL 24-29: LISTENING

“WITH THE EAR OF THE HEART”

ST BENEDICT’S WAY OF DISCIPLESHIP AND JOY

**Revd Andrew Bain**, *Chaplain, Emmaus House*

Benedict invites us to “hear” God in new ways. Looking at the Rule together, and listening through daily lectio divina we’ll explore how Benedict’s wisdom can lead us into greater freedom and joy.



### MAY 22-27: INVITED TO EVOLVE

**Margaret Silf**, *author and retreat guide*

The story of the caterpillar’s metamorphosis into the butterfly is a remarkable model of transformation. Margaret will share what this theme from her forthcoming book can mean for us.



### OCTOBER 9-14: INTRODUCING THE SPANISH MYSTICS

**Revd Daniel Muñoz**, *Chaplain, Los Olivos Anglican Retreat Centre (Spain)*

An opportunity to explore the wisdom of the Spanish mystics through their work and poetry, in conversation with the paintings of El Greco and Salvador Dalí.



### NOVEMBER 6 – 11: CREATIVE WRITING RETREAT

**Susan Mansfield**, *Spiritual director, poet, playwright and journalist*

Interested in taking time out to write, and to deepen your spiritual journey? An opportunity to write and be creative as well as to rest and reflect. For published and aspiring writers at any level.



*A Scottish Charitable Incorporated Organisation (SC042957)*

[www.emmaushouse-edinburgh.co.uk](http://www.emmaushouse-edinburgh.co.uk)